



MSA DEFENDERS

FAT TRACK MEET

 **SATURDAY, APRIL 11, 2026**

 **MEET STARTS: 8:00 AM**

 **GLASPIE STADIUM**

4501 W Pleasant Ridge Rd • Arlington, TX 76016

CONTACT FOR MORE INFO

 **WWW.MSADEFENDERS.COM**

 **682-336-1061**

Register On Athletic.net



MSA DEFENDERS TRACK INVITATIONAL



APRIL 11, 2026

**GLASPIE STADIUM
4501 W PLEASANT RIDGE RD ARLINGTON, TX 76016**

FIELD EVENTS BEGIN @ 9:00AM FOR ALL AGE DIVISIONS

DISCUS	17-18, 15-16, 13- 14, 11- 12
SHOT PUT	8U, 9-10, 11-12, 13-14, 15-16, 17-18
LONG JUMP	8U, 9-10, 11-12, 13-14, 15-16, 17-18
TURBO JAVELIN	8U, 9-10, 11-12
JAVELIN	13-14, 15-16, 17-18
TRIPLE JUMP	13-14, 15-16, 17-18

**RUNNING EVENTS ON ROLLING SCHEDULE BEGINNING @ 8:00AM FOR ALL
AGE DIVISIONS**

1500M RACE WALK	8u and up
3000M RUN	11-12, 13-14, 15-16, 17-18
110M HURDLES	15-16, 17-18
100M HURDLES	13-14, 15-16, 17-18
80M HURDLES	11-12
Munchkin Run- 100M & 50M	6 & Under
100M DASH	8u and up
800M DASH	8u and up
4 x 100M RELAY	8u and up
Parent/Coach- 4x100M RELAY	19 and Up
400M DASH	8u and up
200M HURDLES	13-14
200M DASH	8u and up
1500M RUN	8u and up
4 x 400 RELAY	8u and up

Age Divisions by Birth Year

8 and under	2018+
9-10	2016-2017
11-12	2014-2015
13-14	2012-2013
15-16	2010-2011
17-18	2008-2009

Entry Fee \$10 Per Athlete (Athletic.net)

General Admission is \$10 per person (under 4 free)

CASH ONLY AT THE GATE

Team arrival and check-in starts at 7:00 AM